

About Infertility Treatment from Alternative Practitioners (#12)

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If you are considering using an alternative therapy such as acupuncture, chiropractic, herbs or naturopathic medicine to supplement your infertility treatment, choose a practitioner using the same methods you would use to select a physician. Inform your infertility physician if you are using an alternative treatment to make sure that there will be no unusual drug interactions.

Ask the practitioner the following questions:

- Where and when did the practitioner receive his/her training or degree?**
- How many infertility patients has the practitioner treated in the past three months? What has the success rate been for individual diagnoses?**
- How many visits will be needed to address your infertility issues? What are the costs?**
- What is your treatment plan? What points, adjustments and/or herbs will be used and why?**
- Is the practitioner willing to work with your medical infertility specialist?**
- Will the treatments change your response to infertility drugs?** Tell the practitioner if you are currently taking any medications.
- Will treatment after ovulation jeopardize an early, undiagnosed pregnancy?**
- Are disposable needles used in acupuncture treatment?** This is critical.
- What is the proper storage and preparation of herbs you will use at home? Should preparations be taken on an empty stomach or after eating?**

FOR MORE INFORMATION:

American Academy of Medical Acupuncture; www.medicalacupuncture.org

American Association of Naturopathic Physicians; www.naturopathic.org

American Chiropractic Association; www.amerchiro.org

National Commission for Acupuncture and Oriental Medicine; www.nccaom.org

The information contained in this document is in no way intended to substitute for individual medical or legal advice. Discuss your situation with a qualified medical or legal professional.